

Previously in Vancouver

"The Depression Confessions"

Celebrating Emotional Life - All of It!

Red Deer - Alberta

Where ?

WELIKOKLAD EVENT CENTRE
4922 49 Street, Red Deer, Alberta

When ?

Saturday, April 21, 2018
1:00 PM to 5:30 PM

Why ?

It is time to bring something radically different to depression because depression likes the silence, the stigma & the dark!

Please join us for an afternoon of straight talking, honest story telling & gripping audience participation.

If you struggle with depression or emotional or relational distress of any kind or live with, work with, work for, employ or love someone who does, this event is relevant for you. If you are stuck or confused as to how to feel better -- COME !

This event is for you !

Early Bird Tickets Available until April 15th **\$17.50**

After April 15th & at the door, availability permitting **\$22.50**

University, High School or College Students at any time **\$9.50**

Book your Tickets on - www.blackknightinn.ca or by phone Direct line [403-755-6626](tel:403-755-6626) Black Knight Inn Ticket Office

Go to our website to find out how to donate:

<http://www.depressionconfessions.org/donations>

Come prepared to commit to changing your life at this event and have your questions answered!

" There is a great deal of pain in life & perhaps the only pain that can be avoided is the pain that comes from trying to avoid pain. "

— R.D. Laing

" And those who were seen dancing were thought to be insane by those who could not hear the music "

- Nietzsche



Derrick Shirley
Calgary, Alberta

Provisional Psychologist,
Author, Speaker, Men's
Mental Health Advocate



Barry Samson
Nanaimo, British Columbia

Father, Brother, Certified Coach,
Depression Survivor, Founder of
The Depression Confessions



Nova Brinsky
Red Deer, Alberta

Mother, Sister, Daughter
Hockey Mom



Sophie Balisky
Calgary, Alberta

23 Year Old Eating Disorder
Survivor, Psychology Student,
Blogger & Advocate For
Emotional Health & Authenticity



Kathryn McLean
Sherwood Park, Alberta

Sister, Daughter, Friend,
Survivor, Yoga teacher &
Health Coach



Dale Joyal
Red Deer, Alberta

Husband, Father, Brother,
Leader, Emotional Wellness
Coach

Video of our Vancouver event can be watched at :

https://www.youtube.com/channel/UCd78anVac7ru-SMJWF_f3ow



Barry Can Be Reached At - barryjsamson@gmail.com | cell - 306 281 8489

Please join us at www.depressionconfessions.org